ENHANCED CARE MANAGEMENT (ECM)

ECM is a free Medi-Cal benefit that helps children and young adults ages 18–21 get the care and support they need!

Get help with these services:



HOUSING & FOOD

- Find and apply for food resources, including CalFresh
- Connect to housing resources



MEDICAL SUPPORT

- Schedule doctor appointments and get referrals
- Get help with setting up rides to medical appointments
- Get medical supplies



MENTAL HEALTH

- Connect with mental health services
- Connect with substance use support and resources



SCHOOL SUPPORT

- Understand your child's Individual Education Plans (IEP) and 504 plans

Important to Know:

- ECM is optional, and you can leave the program at any time
- ECM services can be in-person or virtual
- ECM does not change your current Medi-Cal benefits

Contact us today to see if your child or young adult qualifies!

Email: ECM@choc.org

Toll-Free Phone: 1-800-424-2462

Hours of Operation: Monday–Friday, 8 a.m. to 5 p.m.

CHOC Health Alliance

CalOptima Health