

Measure Description

Patients 18-85 years of age who had a diagnosis of hypertension (HTN) and whose BP was adequately controlled (<140/90 mm Hg) during the measurement year.

Note:

The most recent BP reading during the measurement year on or after the second diagnosis of hypertension.

Only one of the two visits may be a telephone visit, an online assessment or a telehealth visit.

Using Correct Billing Codes

Codes to identify Hypertension

Description	ICD-10 Code
Hypertension	I10, I11.9, I12.9, I13.10, I16.0, I16.1, I16.9

How to Improve HEDIS® Scores

- Calibrate the sphygmomanometer annually.
- Select the appropriately sized BP cuff.
- Upgrade to an automated blood pressure machine.
- If the BP is high at the office visit (140-90 or greater), take it again. HEDIS® allows us to take the lowest systolic and the lowest diastolic readings in the same day, and oftentimes the second reading is lower.
- Do Not round BP values up. If using an automated machine, record exact values.
- Review hypertension medication history and patient compliance, and consider modifying treatment plans for uncontrolled blood pressure as needed. Have the patient return in 3 months.
- Current guidelines recommend two BP drugs started at first visit if the initial reading is very high and is unlikely to respond to a single drug and lifestyle modification.