

## **HEDIS®** Provider Guide:

# Follow-Up After Hospitalization for Mental Illness

#### **Measure Description**

Members 6 years of age and older who were hospitalized for treatment of selected mental health diagnoses and who had an outpatient visit, an intensive outpatient encounter or partial hospitalization with a mental health practitioner within 7 and 30 days of discharge.

## **Using Correct Billing Codes**

#### Codes to Identify Follow-Up Visits (must be with a mental health practitioner)

Description	Codes		
Follow-Up Visits	<b>CPT:</b> 99201-99205, 99211-99215, 99217-99220, 99341-99345, 99347-99350		
	UB Rev (Visits in behavioral health setting): 0513, 0900-0905, 0907, 0911-0919		
	UB Rev (Visits in a non-behavioral health setting): 0510, 0515-0523, 0526-0529, 0982,		
	0983		

#### **Codes to Identify Exclusions**

Description	Codes			
Follow-Up Visits	<b>CPT:</b> 90845, 90847, 90849, 90853, 90870	With	<b>POS:</b> 03, 05, 07, 09, 11, 12, 13, 14, 15, 20, 22, 33, 49, 50, 52, 53, 71, 72	
	<b>CPT:</b> 99221-99223, 99231-99233, 99238, 99239, 99251-99255	With	<b>POS:</b> 52, 53	

### How to Improve HEDIS® Scores

- The literature indicates that the patient is at greater risk for hospitalization within the first 7 days postdischarge, and that the risk of patient self-harm is high within the first 3 weeks post-discharge.
- Ensure that the follow-up appointment is made before the patient leaves the hospital and is scheduled within 7 days of discharge.
- Assist the patient with navigation of barriers, such as using their transportation benefit to get to their follow-up appointments.
- Review medications with patients to ensure they understand the purpose and appropriate frequency and method of administration.
- Ensure accurate discharge dates and document not just the appointments scheduled, but appointments kept. Visits must be with a mental health practitioner.
- Follow-up visits must be supported by a claim, encounter or note from the mental health practitioner's medical chart.

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