



Re: IGT 4 Project - Depression Screening for Members 12 Years of Age

Dear Providers:

CalOptima is launching a project on Screening for Clinical Depression in Adolescents and we would like to collaborate with you. This project is designed to increase the rate of depression screening during annual visit of **12-year-old members**, the beginning stage of adolescence. Pediatricians will receive an incentive pay of **\$50.00** upon completion of the screening and submission of a separate claim to CalOptima.

You are receiving this packet because we have identified that you have members who are turning 12 years old this year. We expect that a good portion of these members may be contacting you for school required vaccinations (Senate Bill 277) when they schedule their physical exams this year.

Attached are the materials you will need to incorporate the depression screening tool into office visits:

- Patient Health Questionnaire for Adolescents (PHQ-A)
- Administering and Scoring the PHQ-A Screening Questionnaire
- Instructions on coding & interpreting the score
- Information on making a referral to CalOptima Behavioral Health provider

If you have questions regarding the program, utilization of the assessment tools, claims or need additional materials, please contact CalOptima's Behavioral Health Integration department at 657-900-1097 or send us an email at behavioralhealth@caloptima.org.

Sincerely,

Donald Sharps, M.D.
Medical Director, Behavioral Health Integration
Enclosures