

## Asthma Medication Ratio

# **HEDIS®** Provider Guide:

(CHA members 5-20)

#### **Measure Description**

The percentage of members 5-64 years of age who were identified as having persistent asthma and had a ratio of controller medications to total asthma medications of .50 or greater during the measurement year.

### **Using Correct Billing Codes**

#### **Codes to Identify Asthma**

Description	Codes		
Asthma	ICD-10: J45.21, J45.22, J45.30-		
	J45.32, J45.40-J45.42, J45.50-J45.52,		
	J45.901, J45.902, J45.909, J45.990,		
	J45.991, J45.998		

#### Asthma Controller & Reliever Medications (Examples)

Description	Asthma Controller Medications - Prescription			
Antibody Inhibitor	<ul> <li>Omalizumab</li> </ul>			
Anti-interleukin-4	<ul> <li>Dupilumab</li> </ul>			
Anti-interleukin-5	<ul> <li>Benralizumab</li> </ul>	<ul> <li>Mepolizumab</li> </ul>		
Inhaled Steroid Combinations	Budesonide-formoterol     Fluticasone-salmeterol			
	<ul> <li>Fluticasone-vilanterol</li> </ul>			
Inhaled Corticosteroids	<ul> <li>Beclomethasone</li> </ul>	<ul> <li>Ciclesonide</li> </ul>		
	<ul> <li>Budesonide</li> </ul>	<ul> <li>Flunisolide</li> </ul>	<ul> <li>Mometasone</li> </ul>	
Leukotriene Modifiers	<ul> <li>Montelukast</li> </ul>	<ul> <li>Zafirlukast</li> </ul>	Zileuton	
Methylxanthines	<ul> <li>Theophylline</li> </ul>			
Description	Asthma Reliever Medications - Prescription			
Short-acting, inhaled beta-2	Albuterol	<ul> <li>Levalbuterol</li> </ul>		
agonists				

#### How to Improve HEDIS® Scores

- Ensure proper coding to avoid coding asthma if not formally diagnosing asthma and only asthma-like symptoms were present (e.g., wheezing during a viral URI and acute bronchitis is not 'asthma').
- Educate patients on use of asthma medications.
- Prescribe a long-term controller medication as well as a short-term 'rescue' inhaler.
- Use the opportunity list and contact patients who have not filled a controller medication.

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